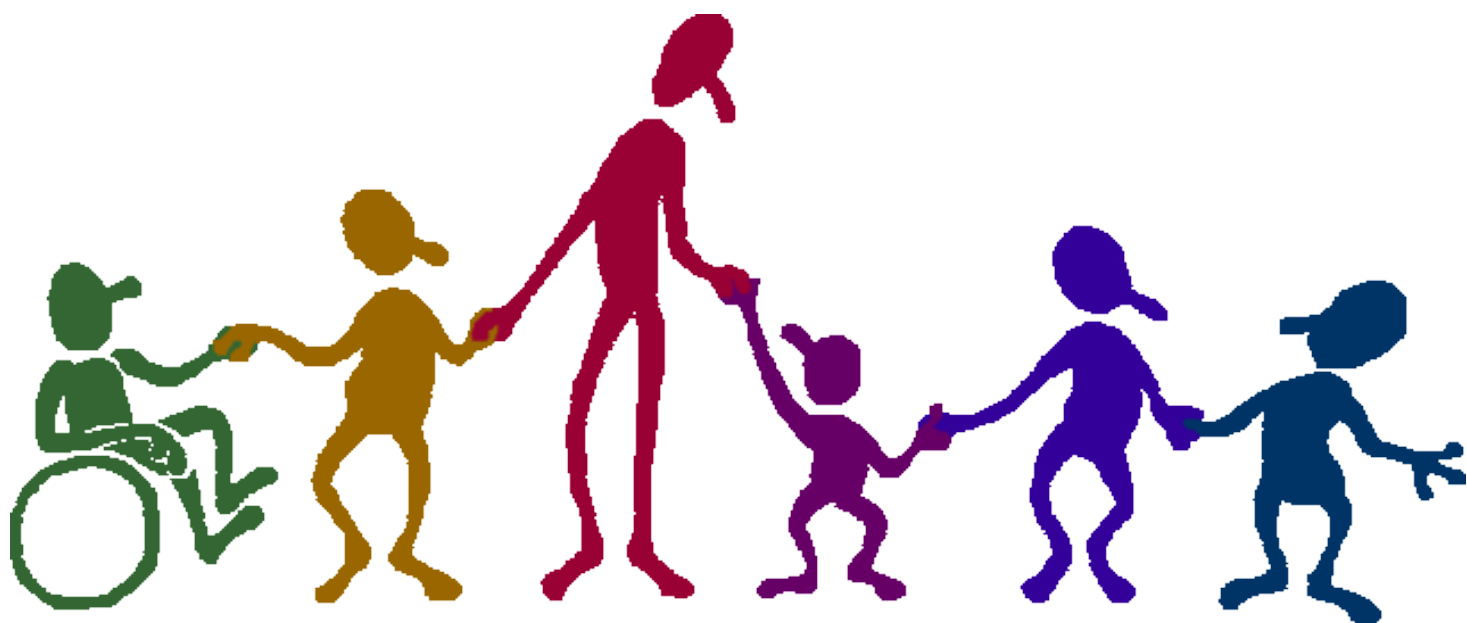


Learning Disability Week 2018



This Year's Focus

Health & Wellbeing

Sutton

mencap

Registered Charity Number: 1080514
Registered Company Number: 03915936

Sutton Mencap Charity Company
A Company Limited by Guarantee



Sutton Mencap Charity Company

8 Stanley Park Road

Wallington

SM6 0EU

020 8647 8600

info@suttonmencap.org.uk

Learning Disability Week 2018

We have an exciting programme of events for June, to celebrate Learning Disability Week 2018, as well as other events coming up soon.

Sunday 17th June	BBQ—Sutton Mencap
Tuesday 19 st June	Awareness day @Hospital Tuesday Club Disco
Wednesday 20th June	‘Staying Healthy’ at zest Westcroft Leisure Centre
Thursday 21st June	Football Tournament – The Hub, Tooting & Mitcham Football Club
Friday 22nd June	Parents Forum Lunch @ Sutton Mencap Sutton Mencap Staff Match—Come and watch
Saturday 23rd June	Cricket @ Beddington Park Sponsored Walk @ Beddington Park

More details of the events, plus events by partner agencies.

visit our website www.suttonmencap.org.uk.

Sutton



To celebrate Learning Disability Week 2018

When

Sunday 17th June 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	31	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

Time

2.00pm to 4.30 pm



Where

Sutton Mencap
8 Stanley Park Road, Wallington
SM6 0EU



Let Emma know if plan to attend:

Telephone 020 8647 8600 or
emma@suttonmencap.org.uk

There's no charge for attending, but please bring some money for food.



020 8647 8600



As we will not have staff working that day, parents and carers will need to stay with their children/cared for person.

Adults who need support will need to bring their key worker

or support worker.

Registered Charity Number: 1085114
Registered Company Number: 03915936



Sutton Mencap Charity Company
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Learning Disability Week 2018

This year's learning disability week is all about health.

Across the county, Mencap is focussing on its Treat Me Well campaign, which aims to make a real difference to how people with a learning disability are treated in hospital.

Sutton Mencap is supporting this work. On 19th June service users and staff will be working with partners at St Helier hospital and the London Borough of Sutton's Clinical Health Team to raise awareness of the needs of people with a learning disability and how simple adjustments can make a huge difference to the care people receive in hospital.



The Tuesday Club

A place to boogie, socialise, grab a refreshment and enjoy partying.

Date : Tuesday 19th June 2018

Location: Sutton Civic Offices

Time: from 6:30pm – 9:30pm

Entry £3

Bring money for snacks and refreshments

Prizes to be won with your free Raffle Ticket :)

For more info contact Beverley: 0797 109 4119

Speak Up Sutton

Location: Wallington High Street (Outside Clarks)

From: 10:30am

Date : Wednesday 20th June 2018

The Speak Up Sutton Team will be joining forces with the Police, to raise awareness and support the 'Respect Campaign' if you are around pop by and say hello.





Zest

'Staying Healthy'

Wednesday 20th June

1pm-3pm

Location

Westcroft Leisure Centre

£5 Entry

Food Testing

Exercise Games

Specialist Health Advisors

Dance

Sutton **mencap**

Registered Charity No. 1080514

Company No.03915936



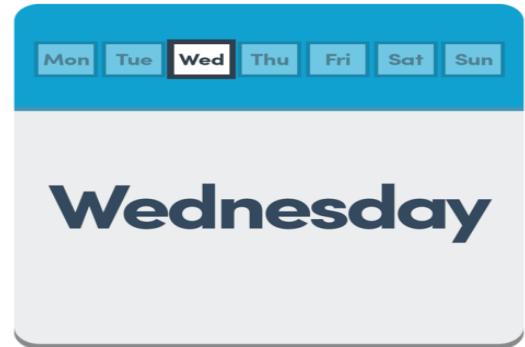
Book your place with Z E S T !

Where:

Westcroft Leisure Centre, Westcroft Road, Carshalton, Surrey, SM5 2TG



Date: Wednesday 20th June 18



Time:

1pm—3pm

Cost: £5



Buses:

127, 157, 407, 627, S3, X26

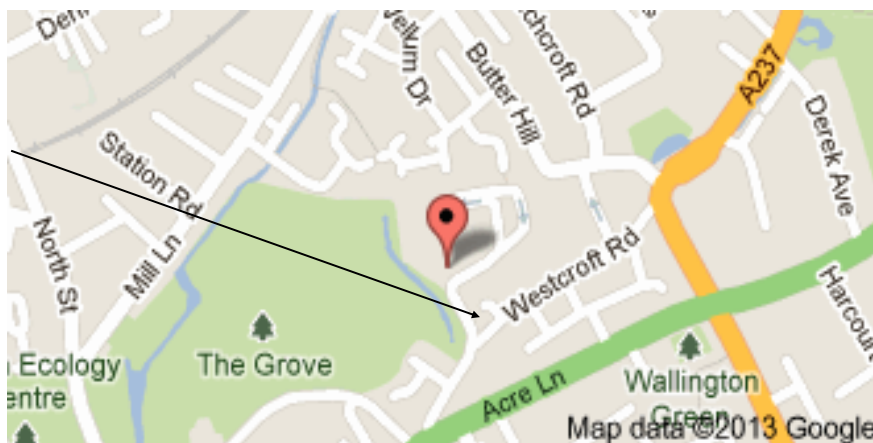


Contact:



To book your place or for more information, please call Tammy at Sutton Mencap on 020 8647 8600

Carshalton



Registered Charity Number: 1080514
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THE FOOTBALL CHAMPIONSHIPS



Thursday 21st June
Who will win the trophy?

@The Hub, Tooting & Mitcham

If you are interested in entering a team please contact

Robbie - 0208 647 8600

Robbie@suttonmencap.org.uk

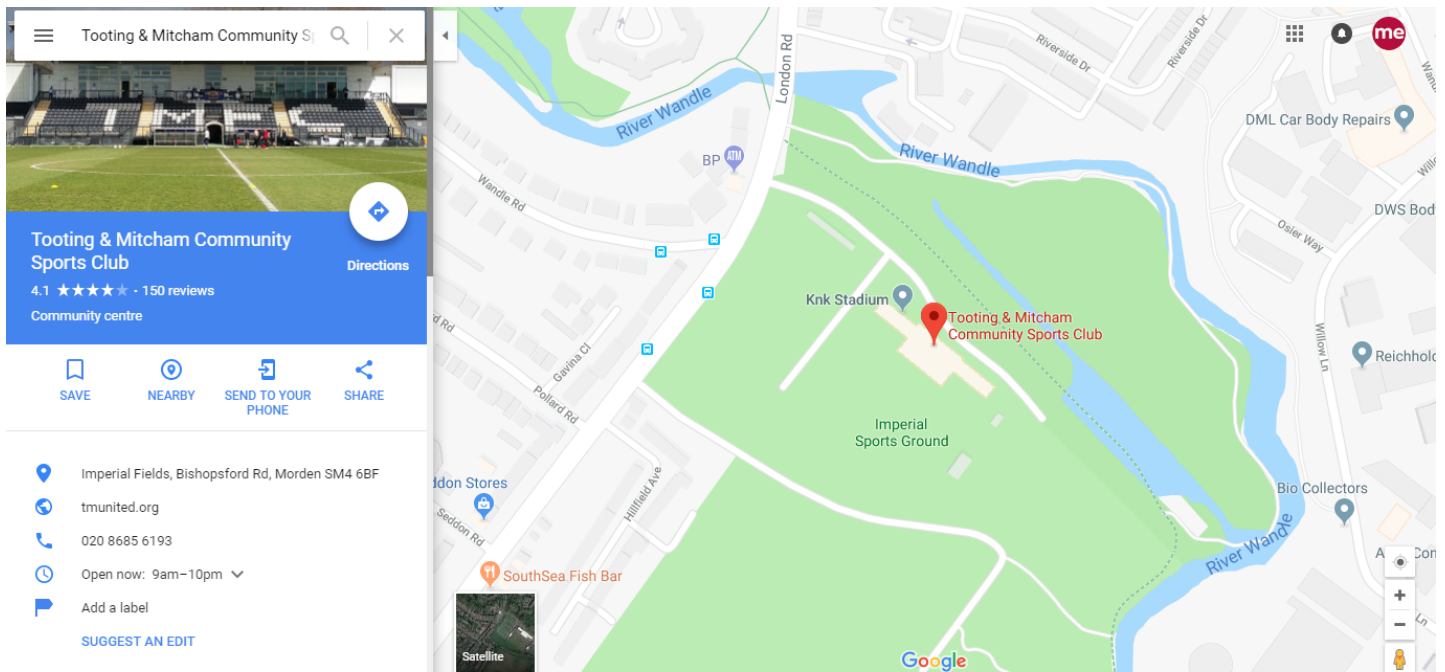
#LearningDisabilityWeek18

#Football #Mencap's #Disability #Goals

Charity Number: 1080514

Company number: 03915936

Location of event



This will be the 3rd time this Tournament has been run. Previous years it has been very successful , the teams are 7 a side.

It's a great atmosphere with lots of matches played.

If you are interested in entering a team please contact Robbie.

Robbie Contact details

robbie@suttonmencap.org.uk

Sutton Mencap phone number—020 8647 8600

Sutton Parents Forum Lunch

Friday 22rd June

12pm-2pm

Are you the parent/carer of a child or young person with additional needs/learning disability?

Do come along to

Sutton Mencap, 8 Stanley Park Road SM6 0EU

- Meet other parents
- Members of Sutton Parents Forum
 - Meet the Mencap Team
- Relax for a couple of hours and be appreciated
- Did we say Food?... The Community Day Service will be providing a yummy lunch!
- This is a jointly organised event by Sutton Mencap and Sutton Parents Forum.
 - Please let us know if you are able to come by ringing 020 8647 8600

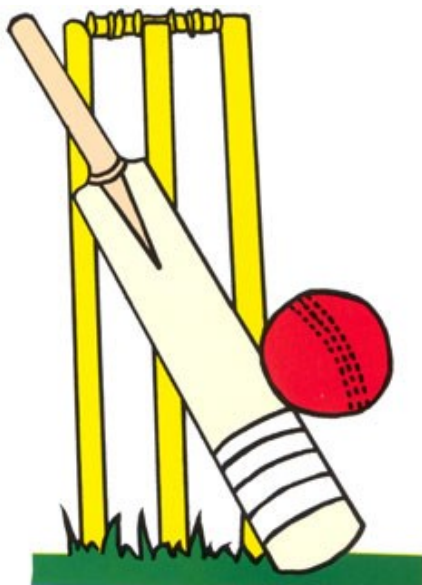
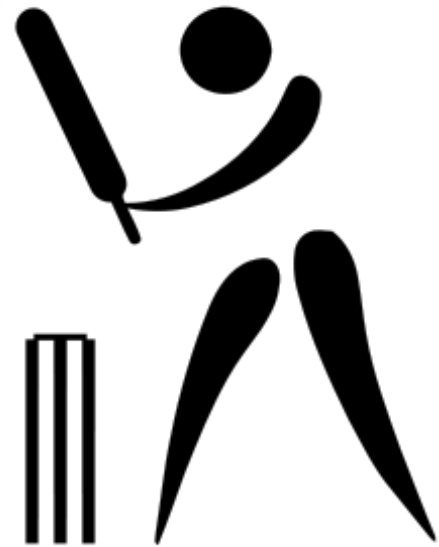


Sutton **men**cap

Hooowssss That!

Cricket Session for all.

There will be lots of fun skills games being played, with a great atmosphere





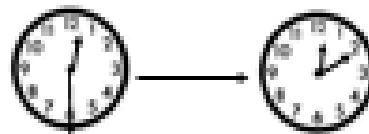
Sponsored Walk in the Park

To celebrate Learning Disability Week 2018

When
Saturday 23rd June 2018

2018 JUNE						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

Time
12:30pm to 2.30pm



Where
Beddington Park
Meet by the Pavilion Café Church
Rd, Wallington SM6 7NN



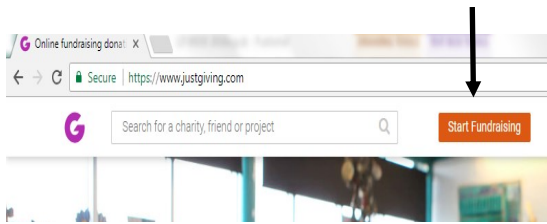
Please feel free to bring someone
to support you

Please dress appropriately for
walking and bring water

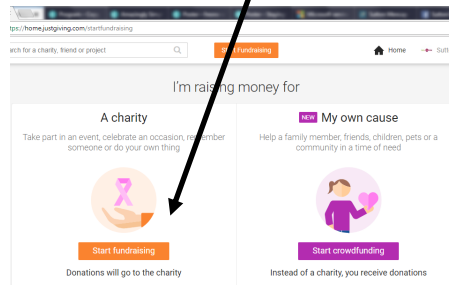


If you would like to set up Sponsorship please follow these steps below

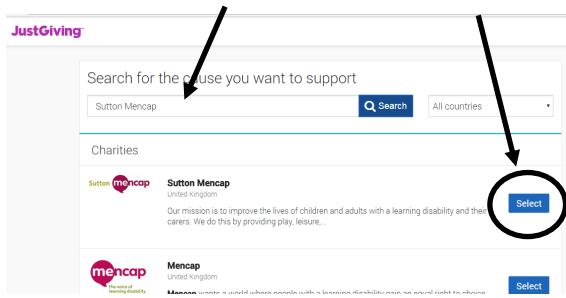
Step 1 —www.justgiving.com Click Start Fundraising



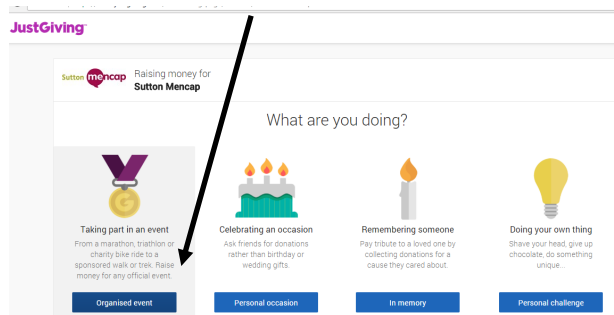
Step 2—Click start fundraising on the Charity section



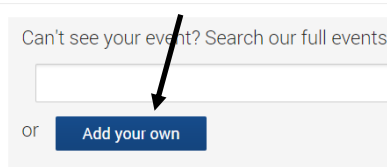
Step 3—Type in Sutton Mencap and select Sutton Mencap



Step 4— Click on organised event



Step 5—Scroll to the bottom and Add your own event



Step 6— Explain your activity



Step 7—Create your Page

Support you in this fundraising can
with Sutton Mencap at any time.

Create your page

Step 8

Share via all Social Media Sites

Share with family and friends

Prepare for the Event

Sutton **mencap**

Staff Football Match

Friday 22nd June 2018

5-6pm

@ Cheam Goals

Head down to show your support

**You can also sponsor the event to
raise money for Sutton Mencap**

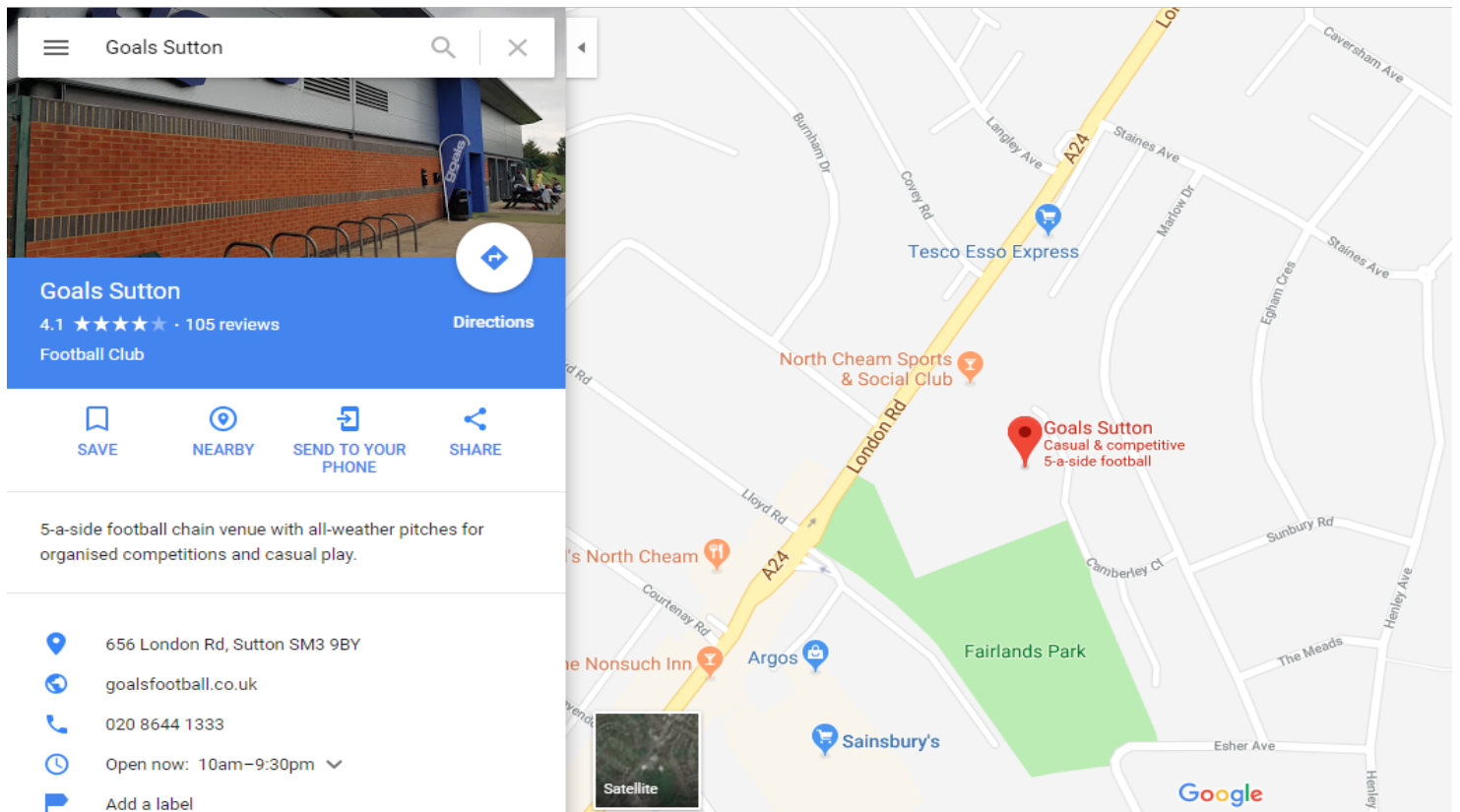
visit -

<https://www.justgiving.com/fundraising/sutton-mencap1>



Cheam Goals Address

656 London Rd, Sutton SM3 9BY



To Sponsor the event :

<https://www.justgiving.com/fundraising/sutton-mencap1>



Get In touch

If you would like further information on the upcoming events or would like to support Sutton Mencap. Please don't hesitate to get in contact.

Phone : 020 8647 8600

Email: robbie@suttonmencap.org.uk

Facebook : Sutton Mencap

Website : www.suttonmencap.org.uk

