

# Workshop 1

## Know Your Rights – Health



### When?



**Wednesday**  
4<sup>th</sup> September 2019

### Where?



**Carshalton  
Methodist Church**  
Ruskin Road  
Carshalton  
SM5 3DE

### What time?



10:30



2:30

**10.30am to 2.30pm**  
Teas, coffees, cake & biscuits will be provided but please bring a packed lunch!



### What will the workshop be about?

This workshop is led by the **Royal Mencap Society** in partnership with **Sutton Mencap**. You will learn about your **rights in hospital** and how to get good health care. You will also find out about Mencap's new health campaign and how to get involved.



### Who is the workshop for?

This is a fully accessible event for people with a learning disability, carers and supporters.



### How can I book a place?

Please book a place by contacting:  
Sutton Mencap on [Admin@suttonmencap.org.uk](mailto:Admin@suttonmencap.org.uk)  
Tel: 0208 647 8600,