



NEW DRAMATHERAPY GROUP for adults with learning disabilities who live in the London Borough of Sutton

- Increase your confidence
- Explore life's ups and downs
- Have fun being creative
- Express your feelings
- Meet new people
- All in a safe space

Sessions take place at:

Back Door in the Secombe Theatre
42 Cheam Road, Sutton, SM1 2SS

***Taster sessions on Thursdays 26th May
and 9th June, 2.30 – 4.30pm***

First term of group to run in June and July. Further terms continue to Christmas and then Easter 2017

Funded by *The James Trust*

The Dramatherapy group could involve using movement, improvisation, role play, masks, theatre games, music, as well as the opportunity for group theatre visits at the Secombe Theatre. The focus of the weekly sessions will be geared towards the needs highlighted by the group. There will be the option for the group to put on a performance for a selected audience at the end of term.

The group is aimed at people who have verbal understanding, and ability to communicate within a group setting but no experience of drama is necessary.

Feedback from previous Dramatherapy participants with learning disabilities:

“The Dramatherapy made me feel better. I feel more confident. I can get the worries out of my head”.

“Telling stories and acting made me feel happy”.

“Coming to Dramatherapy has brought me out of myself more”.

“I used to go up in my bedroom and cry. Dramatherapy helped me to talk about my feelings”.

“Coming to Dramatherapy meant I talk to other people now”.

For more information, contact Roundabout on 020 8665 0038, or email info@roundaboutdramatherapy.org.uk

www.roundaboutdramatherapy.org.uk

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